





# water quality = health

Water quality is essential for life. Quality is as important as quantity in sustaining ecosytems and people.

Ecosystems provide essential services. They:

## regulate

ecosystem processes by maintaining water quality through natural purification, filtering wastewater, controlling floods, and regulating climate

# provide

freshwater, food, timber and other necessities of life

## support

key ecosystem functions such as nutrient recycling, photosynthesis, and soil formation

#### enrich

human culture through recreation, ecotourism, aesthetic pleasure and spiritual enrichment.



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